

# Taking Your Medications



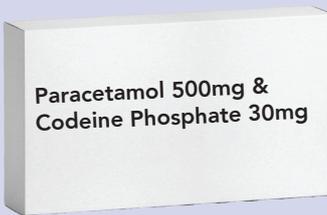
## Step 1



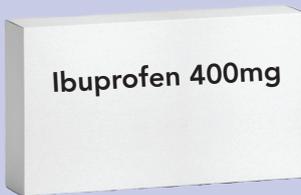
Swallow this single tablet at \_\_\_\_\_ on \_\_\_\_\_.



Take 1 tablet at \_\_\_\_\_ on \_\_\_\_\_ to prevent nausea.



Take 2 tablets at \_\_\_\_\_ on \_\_\_\_\_  
Note: if strong pain persists take an extra 1-2 tablets at least 4 hours later.



Take 4 tablets at \_\_\_\_\_ on \_\_\_\_\_.  
Note: If pain persist take an extra 1-1½ tablets at least 8 hours later. No more than 6 tablets in 24 hours.

## Step 2



Take 4 tablets at \_\_\_\_\_ on \_\_\_\_\_.  
Rinse your mouth then place 2 tablets each side (=4 tablets total) between your teeth and gums. Allow these to be absorbed for approx. 30 min and then swallow any residue with water.

