

When switching from the combined pill or the vaginal ring to the contraceptive implant, the hormonal intrauterine device (IUD), the depot medroxyprogesterone acetate injection or progestogen only pill, the following rules are applied.

If the person has had 7 or more consecutive days of active combined pills or vaginal ring use, the progestogen only method is immediately effective.

At all other times, continue using the active combined pill or vaginal ring, or use condoms, for 7 days.

Pregnancy must be excluded before inserting a hormonal IUD.



familyplanningallianceaustralia.org.au

The Medical Advisory Committee of Family Planning Alliance Australia is comprised of senior medical educators, senior medical officers and medical directors of the member family planning organisations. The Clinical Reference Group of the Medical Advisory Committee exists as a means to review current clinical practice and provide evidence based recommendations for use by sexual and reproductive health practitioners where clinical guidance is lacking.

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State / Territory sexual health and family planning organisations



Western Australia
SHQ (Sexual Health Quarters)
shq.org.au



Northern Territory
Family Planning Welfare
Association of NT
fpwnt.com.au



South Australia
SHINE SA
shinesa.org.au



Queensland
True
true.org.au



ACT
Sexual Health and Family
Planning ACT
shfpact.org.au



New South Wales
Family Planning NSW
fpnsw.org.au



Victoria
Sexual Health Victoria
shvic.org.au



Tasmania
Family Planning Tasmania
fpt.asn.au